



Cross du L.A.C.
15/12/2024 - Castelnaudary



1 - Cross ESM - SEM - MAM / TCM

Course 1

8km130m

10:00

Place	Nom prénom (Nat)	Perf.	Licence	Cat/né(e)	Ligue/Dép	Equipe	Pl/Cat Niv.	Km/h	Doss
0	SOLE Damien	DNS	2473491	M1M/81	OCC/011	S/l ginestas x trail	5		32
1	BOUKEBAL Amin	26'41"	421253	M0M/90	OCC/011	S/l as carcassonne	1	18.3	198
2	BONNIN Aurel	27'05"	1797972	SEM/92	OCC/011	S/l as carcassonne	1	18.0	195
3	RODRIGUEZ Julien	27'30"	1881729	SEM/95	OCC/066	Athletic club font-romeu	2	17.7	194
4	DOUMENC Sacha	28'58"	2161460	SEM/93	OCC/011	S/l ac narbonne mediterranee	3	16.8	18
5	GUBERT Guillaume	29'02"		M0M/89	/		2	16.8	200
6	DEVRIESE Jocelyn	29'47"		M0M/89	/		3	16.4	411
7	SAGE Gabin	30'19"		SEM/02	/		4	16.1	199
8	LAFARGUE Victorien	30'42"	745045	M2M/78	OCC/011	Azille sports & loisirs	1	15.9	9
9	FANTIN Jerome	30'52"	1096613	M3M/75	OCC/011	S/l narbo nordik club	1	15.8	36
10	CARRERAS Jean-michel	30'57"	2697429	M1M/81	OCC/011	S/l as carcassonne	1	15.8	26
11	MARTY Leopold	31'13"	2704986	ESM/03	OCC/011	S/l ac narbonne mediterranee	1	15.6	20
12	CARDON Florian	31'18"		SEM/92	/		5	15.6	196
13	ROCHE Aurelien	31'38"	2592381	SEM/98	OCC/011	S/l ac narbonne mediterranee	6	15.4	22
14	PEREZ Mathieu	31'48"	2673688	SEM/92	OCC/011	S/l lauragais athle castelnaud	7	15.3	34
15	SANCHEZ Gaetan	32'00"	1125090	M2M/76	OCC/011	S/l ac narbonne mediterranee	2	15.2	24
16	JEBARI Khelifa	32'21"		M2M/80	/		3	15.1	37
17	PONSA Cyril	32'32"	859396	M2M/79	OCC/011	S/l ac narbonne mediterranee	4	15.0	21
18	SIMON Steeve	32'56"	2468420	M3M/72	OCC/011	S/l ac narbonne mediterranee	2	14.8	25
19	COUSTAL David	33'05"	2656078	M4M/68	OCC/011	S/l asar corbieres mediterrane	1	14.7	29
20	DESSALLES Bruno	33'09"	572759	M5M/62	OCC/011	S/l asar corbieres mediterrane	1	14.7	30
21	TAVARES Cyril	33'10"	2678467	M0M/89	OCC/011	S/l asar corbieres mediterrane	4	14.7	31
22	ROMERO Laurent	33'29"	578320	M4M/70	OCC/011	S/l ac narbonne mediterranee	2	14.6	23
23	ADELL Stephane	34'34"	385985	M2M/80	OCC/011	S/l ac narbonne mediterranee	5	14.1	15
24	CRONIER Robin	34'57"	2624866	SEM/99	OCC/011	S/l narbo nordik club	8	14.0	35
25	GUIN Mathias	35'14"	2459463	M0M/86	OCC/011	S/l as carcassonne	5	13.8	27
26	GUEUCIER Thomas	35'18"	2608808	SEM/00	OCC/011	S/l ac narbonne mediterranee	9	13.8	19
27	MONIER Christophe	36'08"	1001016	M3M/71	OCC/011	S/l ac limoux	3	13.5	14
28	SAURAT Yves	36'28"	710667	M7M/52	OCC/011	S/l js lezignan-corbieres	1	13.4	33
29	CASTAN Cedric	37'51"	2468452	M2M/80	OCC/011	S/l ac narbonne mediterranee	6	12.9	17
30	BARGE Jean-francois	38'53"	1923503	M4M/69	OCC/011	S/l ac limoux	3	12.5	12
31	PAJOT Christophe	40'57"	2519673	M1M/81	OCC/011	Azille sports & loisirs	2	11.9	10
32	CHAMBERS Richard	41'58"	2590688	M2M/77	OCC/011	S/l ac limoux	7	11.6	13
33	ANDRIEU Sylvain	44'09"	2658553	M1M/82	OCC/011	S/l ac narbonne mediterranee	3	11.0	16
34	GUILHAUMON Victor	DNS	1361907	M1M/82	OCC/034	Lrun	4		11
35	ROLDAN Julien	DNS	2517093	M0M/88	OCC/011	S/l as carcassonne	6		28

Nb de résultats : 36 (36 hommes, 0 femme)